

#### A NEW LIGHT ON CAUSES IN HUMAN HEALTH-ASSOCIATED MICROBIOME STUDIES BY UNEARTHING ITS ECOLOGICAL ROOTS

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# Microbiomes and Epidemiology



## Microbiomes and Epidemiology

• The microbiota – the microorganisms and their "theatre of activity" – all their activities in a given environment (Berg et al., 2020).



Defined habitat with distinct bio-physiochemical properties

## Microbiomes and Explanations



What types of explanations? Causal explanations.

How to establish them? How to evaluate them? Koch's postulates and the interventionist framework.

⇒Specificity in terms of mono-causality and homogeneity of causes

#### Examples

Disease: Diarrheal Infection

 Clostridium difficile is the cause of Diarrheal Infection



Health: Reduction of Obesity

• Akkermansia muciniphila is the cause



This approach is legitimate but overlooks part of microbiology's history leading to an incomplete view of causes and explanation in microbiome research.



# Aims

- 1. Show that microbiology is a medical AND ecological discipline by using the history of microbiology.
- 2. Argue that in the ecological branch of microbiology the standpoint is **complexity** by using an analysis of Sergei Winogradsky's work.
- 3. Suggest directions in science and philosophy to consider more fully the consequence of adopting this standpoint.

# MICROBIOLOGY IS ALSO ECOLOGICAL

Aim 1



# A Brief History of Microbiology



# CAUSES AND EXPLANATION IN MICROBIAL ECOLOGY

Aim 2



- Sergei Winogradsky: 1856-1953
- A collection of his work published in 1949 entitled Microbiologie du Sol: Problèmes et Méthodes (MS)

• What kind of phenomena are explained?

"The search for living agents should always be preceded by knowledge of the phenomena taking place in the natural environment." (MS, 839).

 He is not looking for entities in the first place but for the flow of material or energy.



How are those phenomena explained?

"As a result of all the experiments, the conclusion that these are two autonomous functions, each exercised by its own ferment, appears necessary." (MS, 252).

• Functions – in a similar sense as Cummins' causal-role function.



How are those phenomena explained?

"Even assuming that one day we succeed in isolating all the representatives of this microflora, we would only arrive at a collection of cultures that could not, however complete it is, inform us about the activity of this microflora, where individual activities combine or thwart each other, and where the biological environment could reduce activities to everything other than pure culture" (MS, 415)

Mechanisms



# Causes and Explanations

	Koch/Medical Perspective	Winogradsky/Ecological Perspective
Explanation	Causal	Are they still purely causal?
Explanandum	Disease/Health	Pathways
Explanans	Entities (microorganisms)	Functions Mechanisms
Standpoint	Monocausality Homogeneity	Complexity Multicausal: Microorganisms, their distribution (temporal and spatial) in the soil, environmental factors e.g., nitrogenous resources Space for Heterogeneity: Different entities (bacteria) have similar effects in different soils.
Criteria	Specificity	Adequation between the explanation and the natural phenomenon Consistency of the pathway

# CONSEQUENCES FOR SCIENCE AND PHILOSOPHY

Aim 3

## Consequences for Science

- Contemporary approach to microbiome research: recognize the complexity of the microbial world and its interaction with Health
- Integration of different methods and disciplines
- Better understanding of the biological dynamics associated with health and disease phenotypes
- Applications in Medicine and Agriculture use the same principles
- Problems:
  - How to integrate meaningfully different knowledge?
  - Lack of actionability



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# Consequences for Philosophy

- Epistemic Theory of Causality Russo and Williamson (2007, 2011)
- Consideration of two types of evidence: Intervention and Mechanism
- To accept a causal claim in microbiome studies then, need to weight both types of evidence.
- **Example**: Two treatments against C. difficile

FMT	Phage Therapy
Intervention works but mechanism unknown	intervention works + we know the mechanism, i.e., the phages enter the membrane of the bacteria and destroy them
"FMT causes resilience against C. difficile" is not a causal claim	"Phage therapy causes resilience against C. <i>difficile</i> " is a causal claim



## Consequences for Philosophy

- The Inferentialist Theory of Causation – Reiss (2012, 2024)
- Accept more types of evidence
- ⇒Can accommodate better the One Health movement?
- More Integrative
- ⇒Can fit the idea of the One Health concept to breach Medicine and Agriculture.
- Normative component



## Conclusions

• Aim 1: Microbiology is also an ecological discipline & Human microbiome research is at the crossroad between a medical and an ecological approach of microbiology.

#### • Aim 2:

- Explanations in microbial ecology are made of pathways, functional analysis and mechanisms.
- Causes are complex (not only entities), multicausal and potentially heterogeneous
- Aim 3: Movement in science and related philosophical accounts that
  - Considers the multipath history of human gut microbiome research
  - Broadens our understanding of explanation and causes in this discipline
  - Gives new tools to evaluate causal explanation

# Thank you!



Vincent van Gogh's "The Starry Night" by Melanie Sullivan of Missouri. American Society of Microbiology.

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